

# KEEP ON GOING



---

**Count:** 32      **Wall:** 4      **Level:** Beginner / Intermediate

**Choreographer:** Sara Gitsham & Kerry Kick

**Music:** *If You're Going Through Hell* by Rodney Atkins

---

## **PUSH AND FRONT, FORWARD TURN STEP, LEFT TRIPLE, ROCK STEP**

- 1&2      Push/step left to left side, step right in place, step left forward
- 3&4      Step right forward, ½ turn to left (weight on left), step forward right
- 5&6      Step left forward, step right together, step left forward
- 7-8      Step right forward, rock back onto left

## **¼ TURN TRIPLE, CROSS POINT, CROSS, SIDE, TURN RIGHT LEFT**

- 1&2      Hook right behind left with ¼ turn to right, step left in place, step right in place
- 3-4      Cross left over right, point right to right side
- 5-6      Cross right over left, step left to left side
- 7-8      Whole turn to right over right shoulder (back) while stepping right left

## **ROCK STEP, TRIPLE STEP, COASTER STEP, FORWARD TURN**

- 1-2      Cross rock right behind left, step left in place
- 3&4      Step right to right side, step left together, step right to right side
- 5&6      Step left back, step right next to left, step left forward
- 7-8      Step forward right, ½ turn to left (weight ends on left)

## **WALK WALK, PUSH AND CROSS, QUICK VINE, STEP TOUCH**

- 1-2      Walk forward right, walk forward left
- 3&4      Push/step right to right side, step left in place, cross right over left
- 5&6      Step left to left side, cross right behind left, step left to left side
- 7-8      Step forward right, touch left next to right

**REPEAT**

---